



Sakhi Kendra

2023 ANNUAL REPORT



+91-9336115763
www.sakhikendra.org

Words from our General Secretary



Dear friends, our empowered team at Sakhi Kendra, all members, funders, stakeholders and supporters,

I am thrilled to present to you the “Annual report of Sakhi Kendra for the year 2023-2024”. This year has been filled with challenges and achievements for us. Without your cooperation and support, none of this would have been possible. During this period, Sakhi Kendra with its initiatives has been able to transform individual life and communities and empowered marginalized women and ensuring that all women and girls, survivors of violence, including those experiencing, intersecting discrimination and being “left behind”, receive holistic support they need to rebuild their lives in Kanpur and its surrounding districts, as well as other states.

We take pride in having trained many women in capacity building and empowerment, who are now becoming women's rights defenders and helping others. We have connected people with livelihood opportunities and government schemes through training and programs in 75 slum areas. Additionally, we have launched several important campaigns, such as '16 Days of Activism' and 'Main Shakti, An Awareness', which have had a significant impact on society. We have also worked uniquely for marginalized and unorganized labor women, domestic workers, and provided legal assistance for women's rights. We have raised awareness about women's rights through legal awareness camps and assistance centers and helped women access justice. We have worked with women's groups in various communities to promote community participation and improve the status of women in society. In the coming year, we resolve to achieve even greater heights. We believe that with your cooperation, we will achieve even bigger successes and move forward in our mission to empower women. Finally, I extend my heartfelt gratitude to all our members, collaborators, and supporters. Without your cooperation and support, none of this would have been possible.

Thank you,

Neelam Chaturvedi
Sakhi Kendra.

About Us

Sakhi Kendra, a Non-Governmental Organization established in 1982 under the capable leadership of Ms. Neelam Chaturvedi, has diligently worked for the past 40 years to address the challenges faced by marginalized and economically disadvantaged women. Their mission is to empower women and promote gender equality within society, resulting in significant and immeasurable milestones along the way.



Sakhi Kendra recognizes that women and girls are predominantly affected by poverty and discrimination in our society. They frequently endure exploitation, abuse, and violations of their rights, entitlements, and dignity. Additionally, they encounter obstacles and difficulties when seeking to access and manage resources that could enhance their well-being.

Through years of advocating for gender equality, Sakhi Kendra has realized that women possess the potential to transform their families and communities. When equipped with skills and resources, they can overcome poverty, marginalization, and social injustice, contributing significantly to society's development and well-being. Sakhi Kendra remains steadfast in its commitment to support and empower women and girls through diverse programs and initiatives.

Meet Our Team



Dr. Asha Tripathi
President



Neelam Chaturvedi
General Secretary



Prachi
Vice President



Dr. Meera Dubey
Member



Nishant
Secretary



Archana Nidhi
Member



Neeta Srivastava
Member



Vimlesh Kumari
Member

EXECUTIVE BOARD MEMBERS



Maya Kureel
Field Coordinator
Board Member



Pushpa Tiwari
Counsellor
Board Member



Prabhawati
Field Coordinator
Treasurer



Anupama Tiwari
Emergency Helpline Counsellor



Kanchan Sharma
Emergency Helpline Counsellor



Mamta Gupta
Emergency Helpline Counsellor



Archana Pandey
Emergency Helpline Counsellor



Maya Singh
Field Coordinator



Kiran Tiwari
Field Coordinator

Vision

We envision a world where hope, tolerance, and social justice reign supreme, and gender equality is a reality. A world where every individual lives with dignity, security, and respect, free from discrimination and marginalization. Where everyone has equal opportunities to thrive, grow, and reach their full potential, creating a brighter future for all.

Mission

At Sakhi Kendra, we are dedicated to addressing the deep-rooted injustices and social exclusion that perpetuate inequality and discrimination against women and girls from poor and marginalized communities. Our mission is to empower these women and girls, enabling them to break free from the cycles of poverty, violence, and oppression. Through our comprehensive programs and services, we facilitate their empowerment by providing access to education, economic opportunities, legal support, and counseling.

By empowering women and girls, we aim to transform not only their lives but also their families and communities. We envision a society where women and girls are valued, respected, and treated with dignity, and where they can thrive and reach their full potential. Our team of dedicated professionals, counselors, and community workers is committed to creating a lasting impact in the lives of women and girls. Together, we can build a more just and equitable society, free from discrimination and marginalization.

Goal

Sakhi Kendra's goal is to build a society that is free from violence and discrimination, especially based on gender, religion, and caste, and is founded on equality for all.

Strategy

Sakhi Kendra works primarily in five ways to help and empower women:

1. Individual Assistance:

- Helping any woman who is a victim of harassment, violence, or any other issue.
- Connecting her with the legal processes and helping her get justice, boosting her self confidence and courage.
- Training women so they can also help other survivors of violence.

2. Community Empowerment:

- Training women to empower and enhance their skills.
- Raising awareness among women on their rights.
- Identifying issues in their area and helping them access government schemes.
- Organizing health camps and grievance camps for community members.
- Developing leadership among women so they can solve problems independently.

3. Public Awareness Campaigns:

- Raising awareness on a large scale.
- Organizing women's courts, campaigns, webinars, and online programs.
- Training trainers.
- Assisting in livelihood through trainings, dissemination of information.
- Organizing think tanks, seminars, discussions, and conferences.

4. Government Collaboration and Policy Making:

- Helping marginalized and poor women by promoting good governance.
- Communicating with relevant government officials about their issues and sensitizing them to the problems of community and other marginalized women.
- Improving the implementation of relevant policies and laws.
- Assisting in CEDAW consultancy and report writing.
- Raising awareness at national and international campaigns and programs.

5. Leadership and Organization Development:

- Developing leadership skills among women from within the community.
- Organizing women to and bringing transformative change.
- Increase their capability to access resources and reduce their need for external support.

Through these five strategies, Sakhi Kendra aims to make women strong and self-reliant, enabling them to stand up for their rights and live with dignity in society.

ACHIEVEMENTS



2045

cases registered
on violence
against women

525

cases resolved
by
counselling

850

cases solved
through legal
proceedings



1

Dalit
Women's
Parliament



1

Think
Tank





8

Training of Trainers



3268

Beneficiaries of various Government Schemes

159172

Beneficiaries of Good Governance in Communities

25

Awareness Programs



5

**Women's Right
Defender
Trainings**

54

**Community
Trainings**



225

**Advocacies
with various
government
departments**



5

**Legal
Advocacies &
Women's Court**



2

**Dalit
Seminar**

5

**Domestic
Women Worker
Seminar**

10

**Livelihood
Training**

5

**Complaint
Camp**



5

**Mega
Health Camp**



130

**WOMEN
RIGHT
DEFENDERS**

**NEW
Members.**

250

**RASHTRIYA
DALIT
SHAKTI
MEMBERS**

280

**YOUTH
MEMBERS**

320

**DOMESTIC
WOMEN
WORKER
MEMBERS**

450

**OTHER
MEMBERS**

Access to Justice

The team at Sakhi Kendra works with dedication and commitment to help poor, dalit, and marginalized women. For these women, escaping violence and abuse often seems like an impossible dream. Reporting their abuse, filing a complaint at a police station, seeking help, and navigating the legal system is incredibly difficult. They often lack the money, time, and courage to pursue justice.

This year, Sakhi Kendra has addressed 2045 cases of violence, resolved 525 other legal issues, and connected 850 cases to legal processes. The team members, including emergency helpline counselors, legal advisors, and advocates, face significant challenges in their work. Their first priority is to inform these women that the abuse they endure at home, in society, and at the workplace is both a crime and an injustice. Many survivors of violence are afraid to speak out and seek help. They fear that their problems might remain unresolved and that their situation could worsen due to retaliation from their families for filing complaints. Consequently, many women withdraw from counseling and legal processes.

Good Governance

The most significant aspect of Sakhi Kendra is its expertise in empowering women in the communities to access government schemes and entitlements. Many women in the communities stay indoors, work as unorganized laborer, or domestic workers. Sakhi Kendra identifies these women, raises their awareness, and trains them to build their capacity and empower them.

Sakhi Kendra trains leaders from within these women, enabling them to solve their own problems and assist others. These leaders not only address issues within their communities but also take advantage of government schemes and help others access these benefits.

Training programs are regularly conducted within the communities. Some women receive comprehensive training at the Sakhi Kendra and are also selected for training by other organizations. Over the past year, we conducted 8 training of trainers, and 25 awareness programs on various topics have been conducted. Consequently, these trained women have helped extend good governance benefits to 159,172 people, and 3,268 individuals have benefited from government schemes.

This work presents significant challenges for the team. Raising awareness among women, developing leaders from within their ranks, and collaborating with government departments through repeated visits are all demanding tasks. Despite their extensive efforts and the large number of people they serve, only some may benefit.

Other Work

A distinctive feature of Sakhi Kendra is its expertise in empowering women who face oppression, violence, and various hardships. These women are made aware and empowered to fight their own battles, but Sakhi Kendra ensures that it supports them at every step. Once the survivor's issues have been resolved or is in the legal process, they join our team to address the issues of other survivors of violence from their communities. This involvement enhances their ability to understand, analyze and engage with the other survivors of violence in an effective manner and the entire process as well.

Women who are willing to participate receive training on women's rights, engagement with the police, interaction with lawyers, court procedures, and laws. They also receive capacity-building and empowerment training to help other distressed women and connect them with the justice process.

In this way, Sakhi Kendra prepares women rights defenders who assist and raise awareness in their communities. This year, 8 women rights defenders were trained, 54 community training sessions were conducted, and 225 interactions with relevant departments took place.

Legal experts were called four times to provide legal advice to oppressed and distressed women. A significant Women's Court was organized, where critical cases were addressed by legal experts and bar association officials, who provided better advice and assurance of help. Over 20 cases have been given legal aid.

Women's Court is organized by Sakhi Kendra where the survivors of violence interact with advocates. The legal counselors, emergency helpline services, and dedicated lawyers put their heart and soul to resolve the issues of the survivors. Each case file is meticulously prepared, with two to three experts giving their advice on each case.

Through these efforts, Sakhi Kendra strives to provide the best advice for all cases and help women achieve justice.

YEAR
2023

16

Art
Gallery
Art
Gallery
Art
Gallery

Sakhi Kendra





Community Training

Sakhi Kendra successfully conducted comprehensive community training programs, empowering individuals with knowledge and skills to promote gender equality, challenge social norms, and support survivors of gender-based violence.





Training of Trainers

Sakhi Kendra trained a cohort of dedicated trainers, equipping them with the expertise and resources necessary to facilitate impactful workshops and spread awareness about gender equality, violence against women, and human rights.





Mai Shakti

Through the flagship 'Mai Shakti' campaign, we will empower over 3,000 women and girls above the age of 14 with self-defense training, instilling confidence, strength, and a sense of personal safety, enabling them to confront and overcome gender-based violence and discrimination.

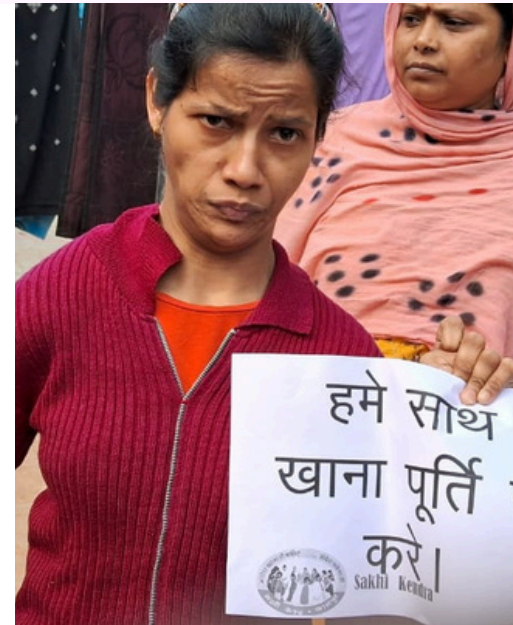




Women's Right Defender Training

Sakhi Kendra conducted intensive training programs for women rights defenders, equipping dedicated activists with advanced skills and knowledge to effectively advocate for gender equality, challenge patriarchal norms, and provide support services to survivors of gender-based violence.





International Day for Persons with Disabilities

On International Day for persons with disabilities, we organized an impactful awareness program, highlighting the struggles and triumphs of people with disabilities, and advocating for their rights, inclusion, and empowerment, and promoting a culture of accessibility and equality.





16 Days of Activism

Sakhi Kendra actively participated in the 16 Days of Activism Against Gender-Based Violence campaign, organizing a series of events, rallies, and awareness programs, and mobilizing communities to take action against violence against women and girls, promoting a culture of consent, respect, and equality.





Women's Parliament

Women's Parliament, a unique and empowering initiative, brought together women and girls to enact a mock parliament, simulating the legislative process, debating key gender-related bills, and passing resolutions, building their leadership skills, political awareness, and collective voice, and demonstrating their capacity to lead and govern.



Speech Competition

Sakhi Kendra organized a speech competition in various colleges, where over 100 students passionately spoke on the theme 'Balance for Better Future', sharing their thoughts on gender equality, challenging stereotypes, and envisioning a harmonious society, inspiring a new generation of leaders to strive for a balanced and equitable world.



Think Tank

Sakhi Kendra convened a think tank of experts and practitioners to discuss the challenges and obstacles faced when trying to help women in need, sharing experiences, strategies, and solutions to address the complex issues of gender-based violence, discrimination, and marginalization, and identifying innovative approaches to support and empower women in need.



International Women's Day

Sakhi Kendra celebrated International Women's Day with great fervor, organizing a vibrant event that brought together over 500 women and girls, featuring inspiring stories, cultural performances, and empowering speeches, highlighting the struggles and triumphs of women and girls, and reaffirming commitment to gender equality and women's empowerment.



Women's Court

Sakhi Kendra's Women's Court, a pioneering initiative, provided a safe and supportive platform for over 300 women to access justice, resolve disputes, and seek legal aid, empowerment, and counseling, addressing issues like domestic violence and inheritance, and ensuring women's dignity and rights are protected.





Legal Advocacy

Sakhi Kendra's legal advocacy program provided crucial support to over 200 women, marginalized and survivors of gender-based violence, offering free legal aid, counseling, and representation, enabling them to navigate the complex legal system, assert their rights, and access justice, challenging patriarchal norms and discriminatory laws.





Counselling

Our counseling services provided a safe and supportive space for women, empowering them to share their experiences, address trauma, and develop coping strategies, leading to improved mental wellbeing and resilience.



VALUES & CULTURE

At Sakhi Kendra, the values that have guided Sakhi Kendra as an organization, helped us make decisions in most challenging situations and navigate through the phenomenon of violence and abuse are as follows:

RESPECT

We respect ourselves, express our opinions, suggestions and feelings with dignity; we listen and welcome diverse perspectives and have deep regards for others even when their belief is different from our own.

ACCOUNTABILITY

We do what we have promised to deliver, we take responsibility for our own actions and outcomes; we are responsible towards ourselves, the organization and all internal and external stakeholders.

TRANSPARENCY

We are transparent about our values and policies, our failures and mistakes and openly share our ideas and knowledge with all internal and external stakeholders

INTEGRITY

We value being honest and true to ourselves and being authentic and consistent in our behavior, actions and words

TRUST

We have faith in human potential – both in being able to initiate change and to be resilient in the face of adversities.

QUALITY DRIVEN EXCELLENCE

We strive to be better than what we are today by challenging assumptions, demonstrating agility, being thoughtful. We are forever learners and relentless in the pursuit of maintaining quality and evolving creative and innovative solutions that work.

PASSION

We are a passionate group of people who are not afraid to be hopeful and demonstrate enthusiasm and standing by our belief of an abuse-free world for women.

PRESEVERANCE

We believe everyone who takes an idea and makes it into something meaningful does it through hard work, tirelessness and sheer diligence. We stay undeterred as we navigate through the phenomenon of violence and abuse undamped by discouragement, opposition or failure

EMPATHY

We work towards creating a caring environment internally and externally – we connect, listen, think and respond deliberately by understanding diverse perspectives and circumstances.

COMPASSION

We take an effort to know our external stakeholders and act on that knowledge with positive intent to support them in their journey of healing.

FAIRNESS

We put in the effort, time and resource required to take a just and equitable decision for all internal and external stakeholders.

OUR DONORS



You can continue to Help us by Talking about the Issue

Talk to your friends and family about Violence Against Women, Gender inequality and how to integrate excluded community into the mainstream society. Learn more about Violence Against Women and Gender discrimination on www.sakhikendra.org

Volunteering

- We need individuals with varied skills and resources to help our work grow.
- Tell people about SAKHI KENDRA and the work we do.
- Help us get access to networks like schools, clubs, residential societies.
- NGOs, any platform to Talk about social change and create awareness.
- Help us continue the good work by raising funds.
- Certificate will be awarded after the completion of their internship period or volunteer support

Donating

- Sponsor our innovative and awareness programmes.
- Help women in distress financially or bear their medical / legal expenses. Provide resources in the livelihood trainings.
- You can send a cheque in the name of SAKHI KENDRA to our office.
- For Bank transfer details Contact :
 - Mr. Rakesh Agarwal, Accounts Department.
 - +91- 9140380805
 - +91- 9307375195

CONNECT WITH US



<https://www.facebook.com/neelam.chaturvedi.146>



<https://www.youtube.com/@neelamchaturvedi4594>



+91- 9336115763



info.sakhikendra@gmail.com



www.sakhikendra.org



71-HIG, KDA Colony, E-Block, Shyam Nagar,
Kanpur - 208013,
Uttar Pradesh,
India